



# "Learning Together"



*A community of active thinkers who can achieve their dreams.*

*Caring, Respectful, Learners*

Issue No. 5

26th February 2021

## *Student of the Week* Congratulations to:



**Mia M:** For her perseverance and excellent work in Writing. Well done Mia!



**Kenzie W-D:** For asking thoughtful questions to develop her learning.



**Niesa M:** For applying herself to all learning tasks and for her excellent participation during class discussions.



**Archie P:** For staying focused and being an active learner at all times. Superstar Archie!



**Campbell H:** For applying himself during all learning tasks to achieve his best.



**Jaxon A:** For being a great learner with an 'I can do it' attitude when completing his reading pre-test.



**OSHC:** Awarded to **Abbey W** for her wonderful transition to OSHC. Welcome, Abbey!

### IMPORTANT DATES

Monday 1st March—Drouin South PS Athletics Day (back-up day 2nd March). School Council Nominations close at 4.00pm.

Wednesday 3rd March—Division Swimming Carnival

Thursday 4th March—School Photos Day

Monday 8th March—Labour Day Weekend (Public Holiday)

Friday 12 March—Farm World Delivery Service volunteer forms due back



## Dear Parents and Carers

### Ficifolia Festival

Thank you to all of the students, parents and the staff that came along to the Ficifolia Festival on Saturday afternoon. It was a hot and sticky afternoon at Drouin Rec Reserve but that did not stop the enthusiasm of all the students who turned up in their school colours to proudly march in the parade. An unfortunate incident occurred just prior to the commencement of the parade and organisers postponed the starting time. On re-grouping for the second time, the organisers once again had to postpone the starting time. Whilst everyone was together, we made the decision to march anyway and we all made our way around the oval waving to parents and other community members as we passed. I think many slushies and cold drinks were consumed afterwards as our students sat and enjoyed the Drouin Secondary College Rock bands that performed.

It wasn't quite the way we expected it to be but we made the most of it anyway!! Thanks again to the kids and also to parents and staff who gave their time to provide this opportunity.



### School Council Elections

This week forms were sent home asking for nominations for school council. We are currently seeking 4 parent members for 2 year terms and may have another 1 year position to be offered. School Council is a great way to be involved in the school and is not a task that will require lots of your time. Please consider joining. Nominations close on Monday 1st march at 4.00pm

### Farm World 26th to 28th March 2021.

We are seeking volunteers to assist at Farm World this year. A volunteer form has been sent to all families. Our challenge is to try to have at least 1 representative from each family this year. I can speak from personal experience that it is a great way to meet other parents and staff members and to have fun at the same time. We also stand to raise \$7500 which we are looking to put towards new and improved playground equipment for our school.



### Athletics Sports Day

Our Athletic Sports will take place next Monday 1st March at the Geoff Watt Track in Warragul. We are hoping to see lots of parents and family members on the day. We will be asking parents to assist with walking junior (Prep-2) groups from one event to another during the rotations which leaves teachers to be able to run the events. All students are expected to travel by bus on the day to the oval. If parents wish to take children home at the end of the day, they must have their child's name marked off by the class teacher.

*Michael Smith (Principal)*

*"Learning Together" - Caring, Respectful, Learners*

# SCHOOL WIDE-POSITIVE BEHAVIOUR AT DROUIN SOUTH PRIMARY SCHOOL

## Who is Kookie?

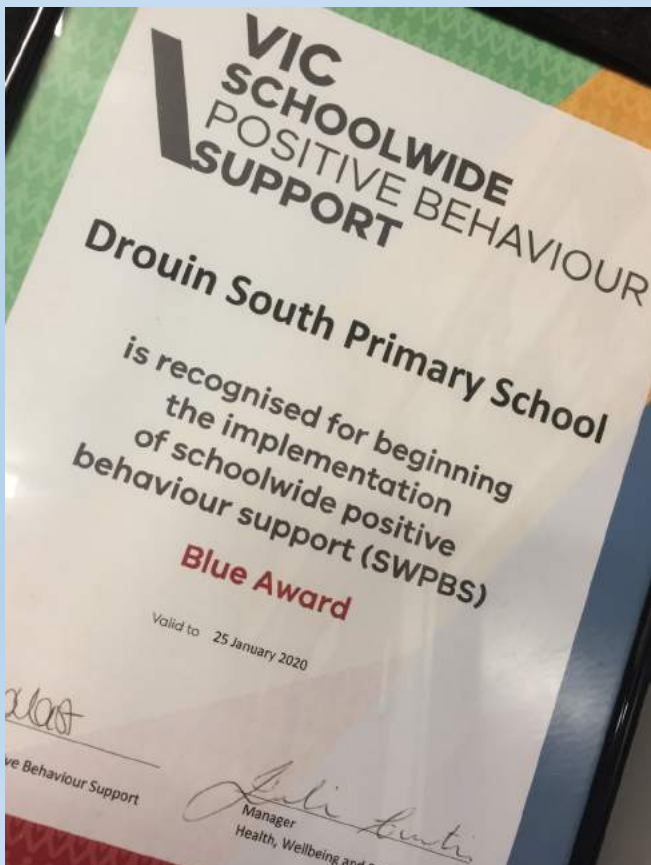
Kookie the Kookaburra is our SWPBS Mascot. He was created for us in 2019 to represent and reflect our values through his dress and behaviour. He is respectfully wearing his school uniform and is ready to learn.

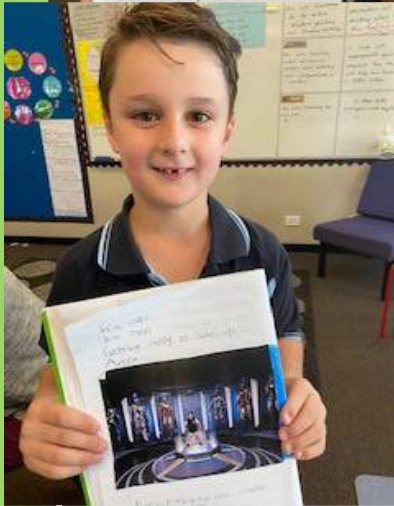
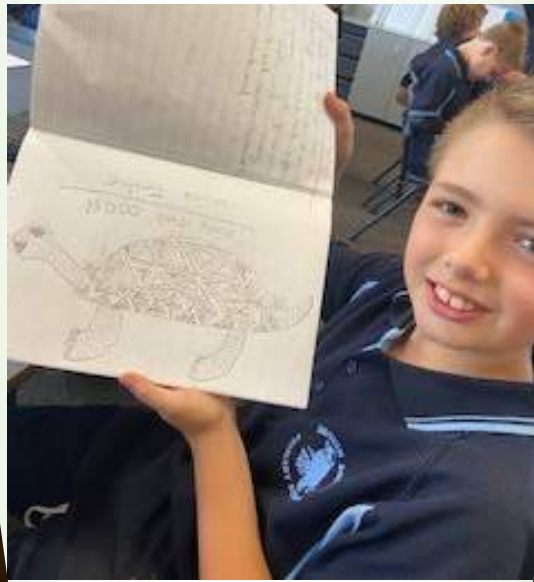
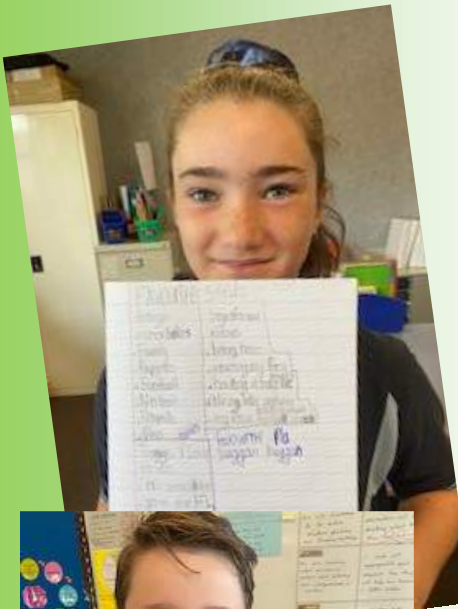


## Kookie Lessons and Value Leader Lessons

Every week, each class has a 30 minute Kookie Lesson that focuses on a particular component of one of the values as outlined in the Matrix. These lessons explicitly teach the expected positive behaviour. In addition to the weekly lessons, classes may also have 'booster' lessons that are focused on a specific area of need noted by a staff member or based on data.

Each week in Assembly, Grade 6 Value Leaders give a presentation based on one of the values. This is often the same as our school focus for the week. Our Value Leaders are chosen as students who exemplify the values every day.

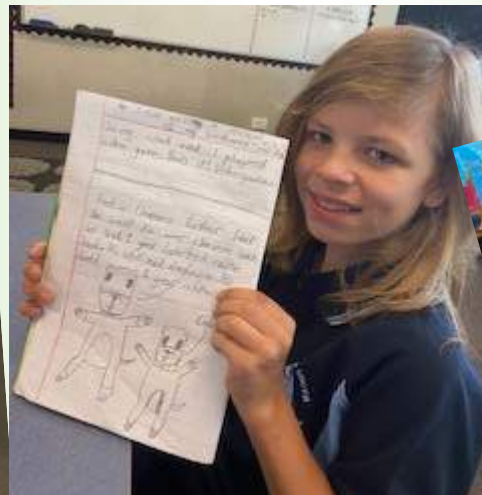
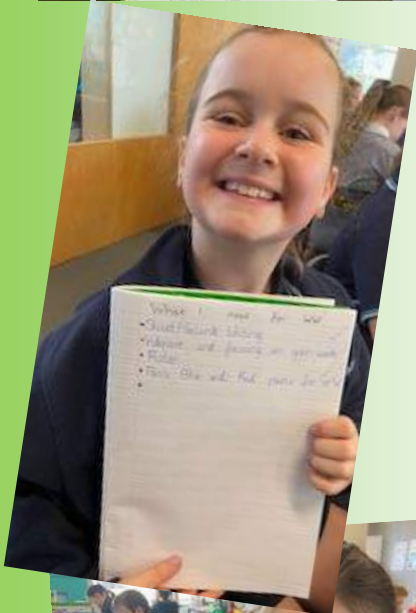
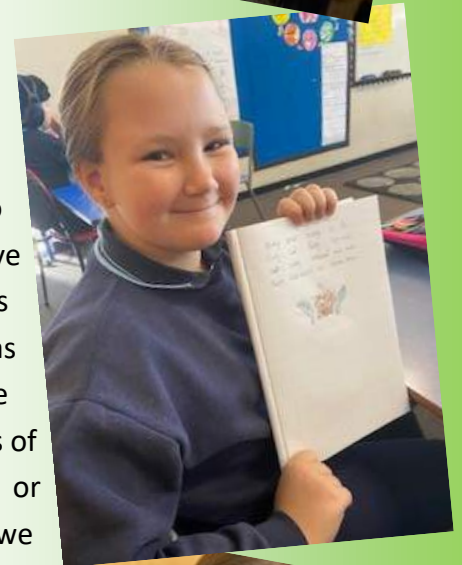




## Grade 4/5

*Collecting 'seeds' for writing.*

Often when children are required to write, they struggle to think of ideas to help them get started. This year, we have begun creating our Writer's Notebooks with 'seeds' that will help to spark ideas for writing. These things might include lists of people or places we love, photos of pets, special places or fun experiences, or descriptions or sketches of characters we like. Our Writer's Notebook is a place for us to write, draw and 'tinker' with ideas until we decide we'd like to use them for a writing draft. Here are some examples of our 'seeds' so far.



# 5 TIPS FOR POSITIVE PARENTING

## USE ACTION, NOT WORDS

Instead of nagging or yelling, ask yourself, "What action could I take?" For example, if you have nagged your child about unrolling his socks when he takes them off, then only wash socks that are unrolled. Action speaks louder than words.



## TAKE TIME TO SHOW THEM HOW TO DO THINGS

Ways to help them feel good about themselves are to ask their advice, give them choices, cook all/part of a meal, or help you shop. Often we do the job for them because we can do it with less hassle, but the result is they feel unimportant.



## WITHDRAW FROM CONFLICT

If your child is testing you through a temper tantrum, or being angry or speaking disrespectfully to you, it is best if you leave the room or tell the child you will be in the next room if he wants to "Try again." Do not leave in anger or defeat.



## SEPARATE THE DEED FROM THE DOER

Never tell a child that he is bad. That tears his self-esteem. Help your child recognize that it isn't that you don't like him, but it is his behaviour that you are unwilling to tolerate. In order for a child to have healthy self-esteem, he must know that he is loved unconditionally no matter what he does.



## PARENT WITH THE END IN MIND

Most of us parent with the mindset to get the situation under control as soon as possible. This often results in children who feel overpowered. But if we parent in a way that keeps in mind how we want our child to be as an adult, we will be more thoughtful in the way we parent.



# HOW TO TEACH PROBLEM SOLVING SKILLS

## To Kids

(c) Lianna Tsangarides, LCSW, CDBT

### 3-5 YEARS



- \*Teach Emotion Skills Through Validation
- \*Problem-Solving With Story Books
- \*Problem-Solving With Creative Play

### 5-7 YEARS



- Teach Problem-Solving Through Open Ended Questions:
- \*What am I feeling?
  - \*What is the problem?
  - \*What is a solution?

### 7-9 YEARS



- Teach Breaking Problems into Chunks:
- \*Identify the problem
  - \*Identify the barriers
  - \*Identify small steps to solution

### 9-12 YEARS



- Begin to Teach Creative Problem-Solving:
- \*Brain Storming Solutions
  - \*Have your child come up plans to earn things she/he wants

### 12-15 YEARS



- Teach Responsibility as Part of Problem Solving:
- \*Ask you teen what the result/consequence might be?
  - \*Discuss importance of embracing challenges

# Pack your child a **HEALTHY LUNCH BOX**



Choose a variety of foods from each food group

**Fruit**



**Vegetables**



**Dairy**



**Wholegrains**



**Lean meat & alternatives**



**A Healthy Lunch Box**



**MAKE WATER  
YOUR DRINK**



**PACK ICE BRICKS  
TO KEEP FOOD  
COOL**



**USE A THERMOS  
TO KEEP FOOD  
WARM**



**Health**